

8th Silent Retreat at the ITC Naarden

Report

From October 14 to 18, 2015, around 20 persons gathered in the Besant Hall of the International Theosophical Centre in Naarden, The Netherlands, for Tr n-Thi-Kim-Di u's eighth Silent Retreat, with talks, meditative enquiries, seated and walking meditations, and above all silence. The subject was based on I.K. Taimni's book *The Ultimate Reality and Realization* or *Siva-Sutra*.

Thanks to the building up of attention and open-mindedness during earlier retreats, many participants were able to open their minds fully to the profound and inspired experiences Tr n-Thi-Kim-Di u shared, and to the meaning beyond words. The connection with Taimni's *The Science of Yoga* or *Yoga Sutras*, and with *Pratyabhijna-Hridayam* or *The Secret of Self Realization*, was explained, with synopsis and overview in three handouts to further the studies. This Retreat as a continuation of earlier ones has benefitted many through profound mutual sharing.

Els Rijneker

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